

THE HOUGHTON STAR

Volume 91.4
November 1, 1996



LOCAL EVENTS

Nov. 5:

* C: "Music for Learning,"
G.W. Whit, 10 a.m., SM, \$1.50-
\$2.50.

Nov. 8-10:

*Star Show: "The Universe
Tonight," 7:30 p.m. Fri. & Sat.,
1 p.m. Sat. & Sun., Strasenburgh
Planetarium, RMSC, \$2.50-\$5.

Nov. 8-9:

*Theater: "Carreno," Pamela
Ross, 8 p.m., in Spanish Fri. and
in English Sat., Arts Center,
Nazareth College, \$20.

Nov. 9:

* Storytelling, C: African-
Caribbean tales, Richardo
Keens-Douglas, 1-3 p.m., AK,
Buffalo, \$4.

* WKids, C: 10 a.m. - 1 p.m.,
SM, \$1.50-\$2.50.

Nov. 9-10:

*Star Show: "Gordon and
Grandma Explore the Moon,"
C, 3 p.m., Stasenburgh Plan-
etarium, RMSC, \$2.50-\$5.

Nov. 10:

*Lecture: "Water for Roch-
ester," Thomas Manz, 2 p.m.,
RMSC, \$3-\$6.

Nov. 11:

* Family Fun Day, C, SM,
\$3-\$5.

Nov. 15:

* Storytelling: Nootka sha-
man, Johnny Moses, 7:30 p.m.,
Rockwell Hall, BSAC, \$4.

Nov. 16:

* Theater, C: "Through the
Looking Glass," 12 p.m.,
RMSC, \$7-\$8.

Nov. 16-17:

* Three Ring Circus, C, 10
a.m.-5 p.m., SM, \$3-\$5.

KEY:

AK = Albright-Knox Art
Gallery, Buffalo
BSAC = Buff State College
Performing Arts Center
C = children's event
RMSC = Rochester Museum
& Science Center
SM =
Strong Museum, Rochester

QUOTATION OF THE WEEK

"Indeed, I tremble for
my country when I re-
flect that God is just."

-- Thomas Jefferson,
Notes on Virginia
(1784)

Dressage Expert Visits

Jon R. Makay

The Houghton College equestrian center has a gem in the visiting expert in dressage, Walter Zettl. Zettl, originally from Altröhlau, Czechoslovakia has been visiting Houghton for the past two years, teaching his trade to professors and students alike. Dressage (pronounced like massage) "is the art of training a horse to act, on many unseen commands, as it would in the wild in front of other horses, plus with the weight of a rider on its back." It is much more difficult than it may sound.

"It really is a pleasure to work with Jo-Anne [Young] and her students," said Zettl, adding of Young, director of the equestrian center, "all can be happy here to have Jo-Anne as professor and teacher...[she is] one of the hardest workers I

have ever seen...[and] a serious teacher and rider."

Zettl learned under Col. Herbert Aust, probably Germany's most well known teacher of dressage. In 1950 Zettl was awarded the German Federation Gold Riding Medal, the youngest at the time to have received this award, being 21. Two years later he was chosen to ride for the German dressage team at the Helsinki Olympics, but his professional status prevented his participation.

From 1953-55 he succeeded two very famous trainers, W. Schultheis and Otto Loerke, at an equally revered breeding farm, Gestut Vornholz.

At age 25, the minimum age, Walter Zettl was awarded his Reitlehrer certification. This made him a professional teacher. In 1957-65 he was the

chief Reitlehrer at Munich; from 1965-77 he held the Reitlehrer at the Reitclub Heidelberg, and at the Alpstott Riding Club from 1977-1980. At each, his students improved and won medals. And in one season, of 250 medals won, 180 were first place.

In the 1950's and 60's he won two Grand Prix in jumping and in the whole event. The greatest moments, in Zettl's view, were in 1955-57 when he became First assistant to his teacher, Col. Aust. In 1981, he was asked by Hans Pvaht to be the manager of the Canadian International Equestrian Sports Service. "That was pioneer work," said Zettl, and that was why he enjoyed it so much. This later led to equestrian work in all of North America.

Sixty Pray With WMF

Jennifer E. Underwood

Sixty people participated in the prayer vigil, which started on Oct. 18, at 7 p.m., and ran until 7 p.m. Saturday night. This is the first of many vigils sponsored by the World Missions Fellowship (WMF).

In honor of New Vision Week, this vigil gathered students and faculty to sign up for half hour slots to spend in prayer for students and missions representatives. They prayed for

the students on their list: that God would open their hearts to missions, give them the desire to hear God, and that they would become more aware of missions opportunities. For the missions representatives they prayed: for their safe travel, effective interactions with students, and that they would be blessed by the experience.

Also in their prayers were the WMF cabinet: that they

would find the enthusiasm and energy to do the planning for the upcoming New Vision Week.

The next prayer vigil will be Dec. 6-7, and WMF would love to have as many people as possible to come and sign up.

"Thank you for joining us in the praying for New Vision Week," said Jennifer Heise, WMF prayer coordinator, to those who participated.

Ben Frank Moss Visits Campus

Tara Smalley

"The only valid thing is that which can not be seen." -- Matisse.

Ben Frank Moss, an alumnus at Houghton, was this past month's artist on exhibit. On Oct. 11, Moss presented his work in person at the art opening in the gallery. He explained how, what, and where his pieces came from.

Each painting and drawing is a piece that does not come from a preconceived idea. They are all ideas that evolved, connecting the references of landscapes.

Ben Moss' paintings reflect the sadness and loss of his daughter's oldest childhood friend. As he told us the story that brought forth his reflections, tears came to his eyes and he paused. "These are my prayers, if you would say," stated Moss.

The colors that Moss chooses are mixed by hand. He stores the Fabrono paints and always looks for that sense of surprise in color, even in the size of paper and the configurations themselves. Moss believes that people like to see

blue in paintings, so he tries to reach for colors that make him nervous so to excite his viewers. To decide if his works are successful or not, Moss lets them sit a couple of months in his studio. After the wait, he hangs up each piece and does a personal critique. If they are not satisfactory in his eyes, he burns them. Even in his will, he states fire destruction of his pieces.

The paintings remind the artist of landscapes because they are in character with the islands in the West. The dream of deep (see MOSS on page 5)

Senate Report:

Jim Roberts

Several committees had all their positions filled last week and nominations were closed for the year after several weeks of silence. Both the Sexual Harassment Resource Committee and the Sexual Assault Council had one opening each since the beginning of the year.

Two weeks ago in senate, SGA President Dan Bates told the senators that, "every day we don't fill these committees makes us look bad."

Several students were upset that these positions were not yet filled but all refused to take the positions themselves, a problem one senator summarized when he said, "there are so many who want us to get on the ball but few who want to help us pick it up."

Last week the senators and the student body came together, though, and both positions were filled. Also appointed were the two chairs for the Winter Weekend and several representatives for the Student Activity Fee Committee (SAFC) and the Constitution Committee.

The SAFC was set up by the SGA executive branch to determine how the budget for extra-curricular clubs and activities should be divided.

All clubs on campus must have a constitution and student leadership in order to receive money from the SGA. Several clubs have found it difficult to write their own constitution, so the senate has formed a Constitution Committee to create a model constitution for these groups to follow.

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News Briefs

Ward Mesick

MID-EAST: Is peace finally obtainable in the Mid-East? Israeli and Palestinian leaders seem to think so, but most people are not putting much hope into the latest peace agreement. The agreement calls for the removal of Israelite troops from the region of the West Bank known as Hebron. Hebron is the last occupied city in the West Bank. Although there are only 450 Jews compared to 100,000 Palestinians, the Jews say they should not have to move. This is because Abraham, the first man in the covenant of God to the Jews, is buried there. The Jews claim that his burial ground gives them rights to live in the area. French President Jacques Chirac visited Israel recently and became angry with Jewish military forces when they would not allow Palestinians near him. After the shouting match in the street, the United States issued a comment about the situation, saying that the French should not be involved with the peace process, as they will only serve to unbalance the situation.

TORONTO: The GM strike in Toronto which has been going on for nearly a month appears to be over, with both sides

claiming victory. The Union says that they accomplished their goals by getting better wages and hours for the workers, while the GM spokesman says that the deal is good for everyone and that otherwise GM would not have agreed. The Union was not able to stop two plants from being shut down, but they say they are happy with the settlement.

SAN DIEGO: Massive fires are still spreading across San Diego County in southern California. For days the fires have raged, destroying 70 homes and injuring 10 fire fighters, one seriously. The fire is still only ten percent contained, and new fire fighters are arriving constantly to replace men that have been at the scene for as much as 10 hours at a time.

ELECTIONS: The debates are over, and many people say that with a sigh of relief. The political season was filled with the usual assortment of mud slinging and name calling. President Clinton is still ahead by 8-15 points in most polls, but Bob Dole is hardly calling it quits. With only a couple of days left until the election, he says that he still is a serious contender for the presidency.

THE EDITORS would like to note that the "Academy Athletics" article in the last issue, was written by Kristen Gurley. We apologize to Kristen for our carelessness.

Adria Willett.....Editor
Dale Schuurman.....Editor
Josh Daniels.....Sports Editor
Terrika Jones.....Classified Editor
Scott Taylor.....Business Manager
Bruce Brenneman.....Advisor

Staff Writers:

Tonya Linden, Jill Knutelski, Michelle Wingfield, Abigail Redman, Liz Nies, Tara Smalley, Tricia Enos, Ward Mesick, Cara Gerhard, Jenn Underwood, Alana Davis

Photography Staff:

William Greenway, Heidi Willson

Cartoonists:

Erich Asperschlager, John Ginnan, Non Sequitor

Columnists:

L.J. Arensen, Matthew J. Essery, Aaron Noll, Bob Price, Kathie Brenneman

The Houghton

STAR ☆

C.P.O. BOX 378
HOUGHTON COLLEGE
HOUGHTON, N.Y. 14744
(716) 567-9210

THE HOUGHTON STAR is a bi-weekly student publication; its focus is on events, issues, and ideas which significantly affect the Houghton College community. Letters (signed) are encouraged and accepted for publication; however, they must not constitute a personal attack, they must be submitted by 5:00 p.m. Wed., and they should be no longer than one double spaced page. The editors reserve the right to edit all contributions. The views expressed by the reporters and essayists of this publication are not necessarily in agreement with those of Houghton College.

The Best College Buy For the Buck

WASHINGTON (CPS)-- Students get the best education for their buck at California Institute of Technology and Indiana's Wabash College, according to U.S. News & World Report.

The magazine released its rankings of the best values in education, or schools that offer the best quality education at the most reasonable cost.

That's the third straight year that CalTech tops the best value among national universities. The average discounted cost of attending CalTech is \$13,550 per year.

University of Rochester and Rice University round out the top three universities.

Wabash College, for the first time, is No. 1 on the list of best values among national liberal arts colleges. Its average discounted cost is \$9,349 per year. After Wabash, Grinnell College and Lawrence University offer the best values for colleges.

The best values are calculated by figuring both the "sticker price" and the "discounted price," which is tuition and fees minus the average of need-based grants, the magazine said. The discounted price is most signifi-

cant when considering many tuition-heavy private colleges.

Considering only the sticker price, the University of North Carolina-Chapel Hill and St. Mary's College of Maryland offer the best value among national universities and colleges.

A handful of schools are tuition-free. They are Berea College in Kentucky; College of the Ozarks in Missouri; Cooper Union in New York; Webb Institute in New York; and the United States Air Force, Coast Guard, Merchant Marine, Military and Naval academies.

YFC Reaching Out

Ward Mesick

"To communicate the life-changing message of Jesus Christ to every young person in the Southern Tier," reads the mission statement of the Youth for Christ Office, located in the lower level of the Campus Center.

The office, advised by Jon Cole and Ken Bates, is working hard to bring young people to God, by going out into the high schools throughout Allegany County.

The people who work with Youth for Christ are trained

at a weekend retreat and are then sent to high schools, where they hold Bible studies once a week. There are also roller skating trips every month.

The office believes that only by uniting the churches in the area can Christians reach out to the young unsaved. Alicia Consolo, president of the office, explained that the organization is world wide, not only Houghton. There is a meeting of all the chapters once a year in Ocean City, New Jersey. The office also sponsors overseas trips to

schools in many countries.

"We try to reach out the teenagers by just getting to know them and being around with them. Once we become friends, then we can begin to minister with them," said Consolo.

She also said that Youth for Christ and Word of Life were working on the "Superbowl" for Nov. 15. It will be an all night tird with skating, bowling, snacks, and fellowship. There will also be a skating trip to Wellsville, N.Y., Nov. 2.

Spotlight on Alumni Tom Elliot



Tricia Enos

Some students go to college because it seems to be the "thing" to do, or simply because their parents want them to. Houghton College's Tom Elliot had other things in mind when he was here. Elliot transferred to Houghton as a junior from Jefferson Community College in Watertown, New York. He graduated in December, 1995 with a major in physical education and hopes of working with young children.

In high school, in Adams, New York, Elliot had a physical education teacher that had a dramatic impact on his life. He says this teacher was his inspiration to work with children. It takes a very encouraging, uplifting personality to be a good physical education

teacher, and that description fits Elliot to a tee.

Since February, Elliot has been teaching physical education at the Wesleyan Academy in Puerto Rico to children in Kindergarten through sixth grade. He is also excited about some extra-curricular activities he has been involved in. He is the assistant varsity soccer coach and the junior varsity head coach. He is loving every minute of it. Elliot played soccer for Houghton his first year here, and anyone who knows him could tell you that soccer is surely one of his passions.

Elliot, among his other commitments, also finds time to coach the varsity softball team. This job has been more of a challenge for him. Prior to his new and exciting coaching strat-

egies, the team had never won a game. Last season, with the help and encouragement of Elliot the team broke their losing streak and won several games. They are looking forward to an even better season next year.

One of the toughest challenges Elliot has faced since he has been in Puerto Rico has also been a wonderful source of joy for him. Everyday, Elliot works with many children, but there is one child who has become sort of a soft spot for him. This little girl has Spina Bifida and has trouble doing what the other children do. Elliot takes special time out of his day to work with her and try to make her fit in. The girl is truly making progress because of Elliot's desire to help. God has really given him a unique gift for working with children.

Wash Your Hands, Study Says

NEW ORLEANS (CPS)--Millions of Americans weren't listening when mom told them to wash their hands after going to the bathroom.

Almost one-third of 6,333 people recently observed in public restrooms failed to wash up after doing their business, and that spreads germs, says the American Society of Microbiology.

To gather that information, researchers hid in stalls or pretended to comb their hair while observing exactly what people do--or don't do--in public restrooms in five major cities.

As it turns out, the results contrast sharply with an earlier phone survey, in which 94 percent told researchers that they wash their hands after using public restrooms.

Interestingly, Americans with college degrees were slightly less likely to say that

they wash their hands than those without college degrees.

The restroom survey, sponsored by ASM and aspirin-maker Bayer Corp., also found: The dirtiest hands may be in New York. Only 60 percent of the 2,129 people observed washed their hands after using a restroom in Penn Station.

Chicago hands may be the cleanest. Researchers at Navy Pier saw 78 percent take the time to wash up.

Seventy-one percent of people at a New Orleans' casino washed their hands, followed by 69 percent at San Francisco's Golden Gate Park and 64 percent at an Atlanta Braves' home baseball game.

Across all cities, women washed their hands more often than men: 74 percent versus 61 percent. The disparity was most pronounced at the Atlanta Braves' game, where 89 per-

cent of women washed up as compared to only 46 percent of men.

Dr. Gail Cassell, chair of the University of Alabama's microbiology department, said handwashing may seem trivial but failing to do so can have tragic, even deadly consequences. "By not washing our hands regularly, we may be causing our own poor health and spreading germs to others," she said. "The spread of many germs that cause infections--ranging from the common cold to diarrhea--can be reduced by handwashing with soap and water."

According to the U.S. Centers for Disease Control and Prevention, handwashing is one of the "most important means of preventing the spread of infection" and is the first line of defense for many infectious diseases.

Kathie's Cooking Corner

Kathie Brennenman

Mexican food is on the menu for this week's column. Since Chi-Chi's and Taco Bell are a little far away, treat yourself by making your own.

This enchilada recipe comes from friends in Texas and is so delicious. These can be made the night before or early in the day and refrigerated, then baked. You'll need:

13" x 9" pan, greased
1 package sm. flour tortillas
1 lb. ground chuck or turkey
1 onion
1 green pepper
1 sm. can diced or chopped green chilies
cumin - a spice
2 cans enchilada sauce (Old El Paso): mild, medium, or hot, or the Market Basket's French's packaged dry mix which uses 1 can of tomato paste per package.

1 or 2 package grated "Mexican" cheese or grated cheddar cheese

To prepare (40 min. preparation time):

Chop the onion and saute in oil. Try not to use butter or margarine because they burn easily. After the onion looks sort of transparent, 3-4 min-

utes, add the chopped green pepper. Let this mixture saute 2-3 minutes, stirring occasionally. Add the ground meat, making sure there are no big lumps. Brown well over medium heat. While this is browning, open the 2 cans of enchilada sauce or if using the two packets, combine with tomato paste, etc. following package instructions.

When the meat mixture is browned, add several sprinkles of salt and several sprinkles of cumin. Always go easy on spices and salt. It's easy to add more but awful to try to get rid of too much. Then add about 1/3 - 1/2 of the enchilada sauce to the meat. Stir and remove from the stove.

With the rest of the enchilada sauce, dip each flour tortilla, one at a time, coating front and back with sauce. This is messy! Spoon one tablespoon of meat mixture down the center of each tortilla. Add some grated cheese and roll up, putting seam side down in the casserole pan. Repeat with each tortilla until you have filled the pan. I usually get 9 or 10 enchiladas. Sprinkle with any re- (see TEX-MEX pg. 5)

CAB Sponsors a Success of a Mess

Jenn Greggo

Many of you probably noted the three small swimming pools located on the quad last Tuesday. However, if you walked over to investigate you would have found it was certainly not water filling those kiddie pools but rather a mess of chocolate pudding! These pools of chocolate pudding were not to provide a feast, but rather wrestling, jumping, disgusting fun.

Select members of the ever exuberant women's soccer team were present to kick off the event. Having to play soccer in rain, snow, and especially

muddy conditions at times must have prepared these girls for they certainly did not let chocolate pudding hold them back from having a good time. They even managed to drag a somewhat reluctant Matt Webb in on the fun. Senior soccer captain Rebecca Outt commented the event was "a lot of fun despite the mess." There seemed to be a consensus among the soccer women on how difficult the pudding was to get out of their ears as the average amount of Q-tips used was about five.

The CAB sponsored event

did not have a special meaning behind the activity. According to Matt Webb, "The activity was to allow CAB to sponsor another event just for the purpose of fun."

Ice cream cones were also provided to add to the affair. While this activity did not seem to be for everyone... hello, you are throwing your body into a chocolate substance commonly known to be a dessert... it was able to provide some good clean fun, excuse me, MESSY, chocolate fun.

Restaurant Review

The Old Library

Kirsten Oldhouser

Want to ensure a perfect date? Make your first stop the Old Library Restaurant in Olean, NY. This renovated turn-of-the-century library is now a quaint but exquisite dining establishment.

The owner of the restaurant, Joe Marra, started renovations and opened the restaurant in 1983. There are five dining areas on the first level, and a banquet facility on the second.

The menu choices are varied, with moderate to high prices. Full-course meals may begin with appetizers such as table side Caesar salads, stuffed mushrooms, and selected soups.

Each complete meal arrives with a dinner salad, bread, and pasta. Main entrees include beef, poultry, lamb, pasta, and seafood choices. Various cuts of steak, legs of lamb, numerous chicken dishes, and lobster are a few of the more popular selections. Dinner may be followed by any of a number of delectable desserts. Cakes, pies, fresh fruit, and coffee make perfect endings to a perfect meal.

There is no required dress code, but customers are expected to dress moderately well. In my opinion, the Old Library

is arguably one of the best restaurants in the area. The atmosphere is very inviting, and the menu is varied enough to ensure that customers will find at least a few things that are appealing. The food is very well prepared. Customers definitely get their money's worth.

The Old Library is located in the heart of Olean, at 116 South Union Street, 45 minutes from Houghton. This restaurant is great for a special occasion, or for something out of the ordinary. The Old Library also offers a Sunday brunch for \$9.95 and has an adjoining hotel.

Classified!

WANTED!!! Individuals, student organizations and small groups to promote spring break trips. Earn MONEY and FREE TRIPS. Call the nation's leader, Inter-Campus Programs, 1-800-327-6013. <http://www.icpt.com>

RESTLESS to serve God and ready for a challenge? E.S.I. has summer and fall openings for Christians to teach conversational English in Central Europe, the former U.S.S.R. and China. No experience necessary. Housing and living stipend provided. Some cost for program fees and airfare. Call Educational Services International at 1-800-895-7955.

Classified!

USA TODAY is looking for nominees for their 1997 All-USA Academic Team. For application and search criteria, call Carol Skalski at (703) 276-5890.

YMCA TURKEY TROT will be held Nov. 28. Volunteers needed to help with registration, office work, and details on the race day. For information, call 875-1283 (Delaware Branch YMCA).

HELP WANTED: Men/Women earn \$480 weekly assembling circuit boards/electronic components at home. Experience unnecessary, will train. Immediate openings in your local area. Call 1-520-680-7891.

First Baptist Church of Castile

Friendly -- Independent -- Off-campus -- and you're invited!

10 a.m. Sunday School

11 a.m. Worship

6 p.m. Evening worship

Wednesday, 7:30, prayer meeting

Students -- you can be paired with Friend Families for fellowship and free meals

Awana workers sought.

Wednesdays 6:45-8:30pm.

Call Lois Wing at x328.

See Prof Wing -- AB 112 -- for transport or information

Democracy No More

Aaron Noll

Americans face an crucial decision in the near future which will have effect well into the 21 century. Soon we will choose the president who will lead the United States into the next millennium. Sadly, most Americans will not even participate in this decision.

Americans are quickly slipping down a slope of ignorance which will eventually lead to the total elimination of U.S. democracy and the wide-spread persecution of Christians.

The majority of Americans are no longer aware of current events and the issues affecting our country. A mistrust of politicians has infiltrated our society. "A study released... from the University of California at Los Angeles shows that college freshmen nationally are less interested in politics now than at any time in at least thirty years," says Bruce Chapman of the Seattle Post Intelligencer. "Just 56% of registered voters in America actually cast ballots in that election. Considering those who weren't even registered, just 38% of America's adults voted. Nearly 80% of twenty-somethings just said 'no' to voting," says Washington Monthly.

This is an extremely frightening statistic. Federal policies and laws affect individuals everyday (wages, taxes, education, etc.). It is ironic that, given these facts, many Americans do not choose to have their opinion represented in discussion

and implementation of these policies and laws.

It is critical to our future that Christians vote in this election. Now, more than ever, our government is squelching our religious and individual rights and promoting an agenda which disregards traditional Christian morals and values.

The liberal ideology is a direct threat to Christianity in the U.S. It is likely to destroy our nation if its influence is not halted and reversed. Our current president, Bill Clinton, along with his wife, Hillary, embody this liberal aggression. The "progressive" agenda will completely dilapidate the U.S. if it continues on course. Liberal policies would divide citizens racially, create a socialist economy, render the American dream impossible, and legislate a new moral system based on tolerance.

Three Supreme Court justices will likely retire in the next four years. The next president will appoint replacements who agree with his vision for the country. Since there exists a slight majority of leftists at this time, a liberal president could cause an overwhelming liberal majority in the high court. Because Supreme Court justices are appointed for life, free and nearly uninhibited reign would be given to the left for at least the next decade and a half. A large portion of our future hinges on this election.

The left is waging a power-

ful assault on the value of human life. The Supreme Court will soon be presented with the issue of euthanasia. The high-court will decide if a person has the right to commit suicide with the assistance of a doctor. Abortions have taken the innocent lives of at least 35,771,836 children to date. The legalization of partial-birth abortions by President Clinton has reduced morality to a new low. Americans are standing by in passiveness while these loathsome murders take place every day. The medical profession was created to save lives, not destroy life. Many Christians will be either completely unfamiliar with these facts on election day or believe that they can do nothing to effect a change. By not voting, Americans put their stamp of approval on abortion.

Multiculturalism has struck society, especially the media, education, and the government in full force. Multiculturalism is the belief that every culture and world view is moral and correct. This new tolerance says that Christianity is equal to Hinduism is equal to Buddhism in their truthfulness. In fact, many multiculturalists have strong anti-Christian overtones.

The government will now financially support an artist who exhibits a cross lying in urine but will not allow a picture of Jesus to be displayed in a public school. We not only tolerate homosexuals' arrogant sinful behavior but we group them

with minorities in assuring civil rights. Some cultures and lifestyles are ethically superior to others. An immoral action is sinful regardless of the personal morals system of the individual. We need a president who rejects the lie of multiculturalism.

Welfare produces an impoverished underclass trapped in the inner-cities of the U.S. This social entitlements failure has been one of the chief causes of illegitimacy and crime in recent history. The poor need Christ, not government entitlements and programs.

Affirmative action and feminism are causing division and tension among the races and genders. Humans should be evaluated for their individual qualities and achievements, not their race. Racism and gender inequality are nearly nonexistent as we approach the 21st century. Affirmative action arouses anger, not racial healing.

The national defense has been downsized each year that President Clinton has been in office. The myth that there are no more serious military threats in the world today has been popularized. China, Libya, Syria, Iraq, and North Korea are stockpiling more chemical and nuclear weapons everyday. The nuclear weapons of the USSR did not just disappear—some of them are now in the trusty hands of Saddam

Hussein. Common sense tells us that the only way to achieve peace is by having a strong military defense.

Americans who do not vote are, in effect, mocking all of our predecessors who raised and sustained the U.S. to its current status as an example to the rest of the world for prosperity, liberty, and democratic government. Two of the most precious things that the U.S. was founded on were representative government and Christianity. In the near future, we may lose both. Neglecting our democratic rights will soon result in either the confiscation of the right to vote or the meaning of the vote rendered meaningless. Alexis de Tocqueville, a 19th century French political analyst, wrote, "The Americans combine the notions of Christianity and of liberty so intimately in their minds that it is impossible to make them conceive the one without the other; and with them this conviction does not spring from that barren, traditionary faith which seems to vegetate rather than to live in the soul." This is obviously not true of Americans anymore. Americans' ignorance of current events, rejection of Christianity, and failure to vote for their government officials will lead to the complete depletion of their power, prosperity, and freedom. The decline has already begun.

It is the duty of both Christians and Americans to vote.

Her Coin

A Feminist Approach: Communion III. Our Ethics

L.J. Arnsen

The eleventh and twelfth chapters of Mark show Jesus in a variety of interactions with religious authorities. Teachers of the law beseege him with questions, testing him. Years of tradition encircle the discussions. Sophisticated men surround the carpenter turned prophet from Galilee, asking complicated questions, intending to trick and trap. Jesus's answers are as startling and as essential in this milieu as in the small dusty country villages he travels through. An anonymous scribe is listening to the debate; Bibles record that the man had observed the quality of Jesus' answers. So the scribe asks a question, a profound question. We know he is impressed by Jesus: perhaps his question is spontaneous and genuine, unlike the others. He asks Jesus for the heart of the law; he asks to know the greatest command-

ment. Jesus's answer is essential, transcending his culture and our own. He replies with two commandments encompassing a single command: love. "Love God with all of yourself," he says, "And love your neighbor as you love yourself." Jesus has given us a relational ethic.

Most of us share little with that scribe's world. Americans are a culture of people whom crave intimacy while being deeply rooted in individualism, a painful paradox. A Greek philosophical bent remains with us, one which sees autonomy and self sufficiency as equaling perfection.

These factors seep into our Christianity at many levels. We have looked in previous weeks at the nature of God, our God who is "We" within Godself and essentially relational. We have also seen how the image of God is skewed in us. We find

it difficult to be in relationship with others; we prefer to draw lines and build walls, to love selectively. John Linton suggested one day at the Oregon Extension that the Fall could be viewed as a fall out of relationship with God and with each other. Jesus's answer to the scribe calls us to reclaim the image of God in which we are created, to be humanity at its best. At the core of the Christian message we find communion, and we are to build our lives around its principles.

I begin to believe that Christian morality and ethics are based entirely on relationship, not on abstract principles of justice or duty. Love has lost some of its nebulous undefined quality for me as I realize that it is not an abstraction but a "state between" or "an acting towards..." This is a powerful grid through which to view the

Biblical message. Jesus tells us to love, but he roots that command: we are to love God, we are to love others. Micah 6:8 gives some of God's commands to Israel. He tells them to act justly, to love mercy, and to walk humbly with their God. All of these commands are relational, however they are acted out. Another category to explore are sins, which seem to be a breach of relationship. Pride, for instance, involves dividing oneself from the other. This framework I struggle to live within changes my life. Exploring the relationality of God and ourselves has brought me sharply away from my tendencies to create neat abstract categories. I have to leave my faith down here on the earth, in the present, in the complexity and challenge of living among others, of learning to love them and to love God.

What do you think of welfare?

Jennifer E. Underwood

"Welfare is abused. It was good to a point, but now it is out of control."

-- Lisa Karr, freshman

"I am for welfare to a point as long as it has a time limit and they are given the opportunity to find a job within a certain time."

-- John Bauda, sophomore

"The church should play a large part in taking care of those who are in it. I think the system lends itself to being very abused. It is getting worse, not better."

-- Jamie Lee, junior

"I say deport them to Mexico."

-- Jason Yanda, senior

"I think people should have to work for their welfare."

-- Sharra Durham, RD of East Hall

Moss

(continued from page 1)

space is Moss' top interest as he uses the impressionistic attitude in his reflections, using colors in shadow that appear in other places. After a trip Moss had taken to Australia, his paintings came to life for him. He had seen an amazing storm that surrounded the natural environment. It lasted minutes and then came to a sudden stop and revealed the beauty of creation. This is what he had been dreaming and painting.

Some comments from current artists on the work of Ben Moss: Allison Aldred stated, "I feel very inspired. I love how he expresses himself with his vivid colors. I think I have seen my vision."

"You can't describe it. I just don't know what to say, but I do know what he's talking about," says Jeff Babbitt.

Aileen Orlip Shea, who is a well known artist in the community, said, "Beautiful, I love

it. I don't produce like it, but the color, luscious paint like dessert, you can almost taste it. If I could put the spirit of this into my portraits, or even almost touch it, that is what I need."

Moss shared himself with the art department most of that Friday afternoon. An open lunch with students, an afternoon of critiquing students' work, the gallery talk, and a personal slide show presentation brought things to a close. One comment he had was, "the quality of the students at Houghton is comparable to anywhere; you all have a first rate department."

"Art captures something unseen but sensed. It's a constant preoccupation to reveal the seen and unseen. Painting is a prayer to feel the presence of the Almighty," said Ben Frank Moss.

Tex-Mex

(con't from page 3)

maining meat, and pour the rest of the sauce over the enchiladas. Sprinkle with the grated cheese. Bake at 350 degrees for 20-30 minutes, or until it bubbles and the cheese melts.

Serve the enchiladas with Old El Paso cheesy or regular Mexican rice -- which is at the Market Basket, and is quite tasty. The preparation time is 20 minutes. Another easy dish with enchiladas is refried beans. They come canned in regular or

fat free. Open the can, and put them in a casserole pan, topped with grated cheese and bake along with the enchiladas. A bit of sour cream is a good serving addition.

Tortilla chips and salsa make a wonderful appetizer with this meal. Ole and enjoy this Tex-Mex dinner. This should serve 4-5 hungry people. Any questions, call me at the Info Center or 567-2577.

The Vagrant Within

Matthew J. Essary

Sometime in the latter half of this century someone coined the phrase, "Let go and let God." It was intended to address the problem of worrying needlessly, but the phrase has been warped since. Now it is all too commonly used as an excuse for the Christian to do nothing, to be lazy, to not make an effort to better the world. Constantly Christians criticize the world's laziness and inaction. The world says, "It's my childhood, my environment that made me the way I am," or, "It's my genetics. Just accept me how I am," but many times Christians say the same things with a spiritual twist. "I've learned to accept who God has made me to be..." or, "I'm learning to let go and let God..." are the words that are used to excuse the impotence of many Christian examples.

In the end however, the cause of inaction is the same for the Christian and the non-Christian; fear of the self that God has created. Many people use Chris-

tianity, not to "become who they are" as Dr. Airhart phrased it in chapel earlier this semester, but to escape from who they are. Catch phrases, practices and even whole theologies have been devised to convince people that they don't have to see or understand who they are, how they work, and how they can become more viable selves in love with God. Just recently I've heard people say, "I am nothing. God is everything," and, "I am a worm. Nothing in me is valuable. Praise God!" I suppose that would be true if God didn't love his creation, but that perspective seems dangerously close to a far eastern philosophy in which the goal of existence is to make the self nothing in order to achieve peace. Francis Schaeffer combats these ideas in his book *Escape from Reason* when he writes, "While man is morally guilty before the God who exists, he is not NOTHING."

Others have said even here at Houghton, a bastion of learn-

ing and self-discovery, "Have childlike faith. Accept who you are. Don't ask questions. Just let God work." To not ask questions is not childlike. If I ever found a child who didn't ask questions, even to a point of incredible annoyance, I would think that that child was very unhealthy. In Proverbs chapter 4, Solomon wrote, "Get wisdom, get understanding... wisdom is supreme... Though it cost all that you have, get understanding." Again Francis Schaeffer addresses these spiritualized avoidances when he writes, "It is not more spiritual to believe without asking questions. It is not more biblical. It is less biblical and eventually it will be less spiritual because the whole [person] will not be involved."

These are just a few examples of how people can use spiritualization to escape from themselves, into a world of denial and blindness, making them homeless within themselves.



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Do Costs Outweigh Dissection ?

Jonathan Balcombe, Ph.D.

Approximately seven million vertebrate animals are killed each year for dissection in U.S. biology classrooms. To illustrate the magnitude of this many, consider that if you lined them all up end to end, they would stretch more than twice the length of California.

And for what purpose? What gains are made when students cut open and explore the insides of frogs, cats, fetal pigs, and dogfish sharks? The Humane Society of the United States (HSUS) believes that whatever benefits might arise from dissections, they are far outweighed by the associated costs. Allow me to explain.

First, there is the animal suffering involved. Investigations into the dissection trade have documented, among other abuses, cats being drowned ten at a time in burlap sack or prodded roughly into crowded gas chambers, rats embalmed with formaldehyde while still living, dozens of live frogs piled into sacks for days or weeks without food, and sickly turtles kept in filthy, overcrowded holding tanks. These sorts of conditions appear to be quite commonplace, and though they are inexcusable and sometimes il-

legal, they are perhaps not surprising in a business where the "merchandise" is going to end up dead anyway.

Then there are human social concerns. A principal goal of life science education is to teach respect for life. Dissection is an intrinsically violent exercise; it involves killing, preserving, cutting apart, then discarding an animal. However well-intentioned an instructor's desire to teach respect for animals, the typical dissection exercise will tend to undermine it by devaluing the lives of other creatures to the level of expendable objects. I have personally spoken with hundreds of bright, compassionate students who find dissection ethically repugnant; their response is sometimes to turn away from careers in such fields as human medicine, veterinary medicine, or nursing, where compassion is most needed. On the other hand, less sensitive students may be hardened by the exercise, the consequences of which are open to speculation.

There is also quality of education to be considered. Teachers who continue to use animals in dissections or other invasive classroom exercises are appar-

ently unaware of or unmoved by the fact that more than a dozen studies have been published showing that students using humane alternatives learn anatomy and physiology as well as or better than students who use animals (the HSUS will provide an annotated list of these studies to anyone who requests it). Abundant resources are available for learning anatomy, physiology, genetics, toxicology, and other animal-related fields that do not require animals to suffer and/or die. These include films, computer simulations, models, books, or a trip to the local veterinary clinic. To anyone who simply cannot bear the thought of dispensing with hands-on contact with a preserved animal, human cadavers offer the full-scale experience without the associated ethical problems (people are not killed for the purpose of dissection, and the patient voluntarily donates his/her body).

Even the economics of dissection do not argue for its use. The HSUS recently did a cost comparison and found that, for all five species we looked at (shark, frog, rat, pig, cat), the cost of purchasing a broad range of alternative materials was

lower than that of purchasing animals to dissect. For 270 students (two students per animal) over a three year period, money saved ranged from \$344 (bullfrogs) to \$4,342 (cats). If you want to save even more money, just borrow the alternative. The HSUS, for instance, operates an Alternatives Loan Program that currently has over forty items available on a temporary, free-of-charge basis.

Finally, there is environmental protection. Many of the animals harmed or killed for classroom use are caught in the wild. Populations of frogs and sharks, for instance, have been seriously declining in recent years, and while the specific impact of their capture for classroom use is not known, it is certainly not ecologically beneficial. Moreover, the world needs people who value environmental stewardship and compassion for life; dissection fosters neither.

Perhaps there are a few fields, such as veterinary medicine, for which cutting open and examining the insides of dead animals is indispensable. But how ironic that healthy animals would have been killed for students whose professional goal is to save lives and ease

suffering. Even vet schools don't need to deliberately kill animals to train their students. Conducting spay/neuter surgeries on animals from the animal shelters, and procuring deceased cats and dogs from their owners who sign a consent form are among the ethical ways that growing numbers of vet schools are getting animals for their training programs. And as for the use of animals in medical school, consider that 27 of the nation's medical programs don't use animals in their curricula, and at all but one of the remaining schools the animal labs are optional. Using animals to practice surgery has been illegal in England for more than 100 years.

With all the suffering in the world, should we be adding to it in our education programs? Is dissection necessary when other learning methods have been shown to effectively replace it? Is there any justification for animal dissection when it has so many counts--animal killing, animal suffering, violation of students' sensibilities, mediocre educational merit, and environmental disruption--against it? We think not.

Comic Relief

Jill Knutelski, Michelle Waton

You know you go to Houghton when...

... it's 10,000 degrees in the cafeteria and the food is still cold.

... you finally had something to do now that Mom and Dad came to visit.

... the Pizza Barn doesn't know how to cut pizza -- squares?

... the homecoming banquet was confused with a Spot.

... hey freshmen, that's a comedy show, not a dog.

... dance music; no on campus dancing? Go figure!

... the delay on the homecoming parade was longer than the parade itself.

... Dole for President!

... bush or Lucky Building, you make the call.

... at least Houghton is voting for Dole/Kemp.

... there's a presidential election this year?!

... Dole for President!

... when you go home, you have a strange craving for fries.

... parents of Lambien girls had to pry them away from the television over October Break.

... you wonder why the flies don't have to pay room and board but you do.

... your daily walk to your empty mailbox is getting less and less depressing.

... who's the who among the who's who, who can't pronounce Houghton?

... how many times can you take your parents to Letchworth?

... how many times can you get to Letchworth?

... admission to Letchworth should be included in tuition.

... Dole for President!

... the Info Center has no clue what the forecast is going to be.

... your personal movie collection is bigger than the BP's.

... the BP has to wait until the Juniors graduate to stop being called the Mobil.

... Freshmen need to catch up on their Houghton history!

... you still can't find "The Buzz" in the STAR.

... Dole for President!

... you're wondering if getting hypothermia was worth seeing "The Hunt for Red October."

... the only reason you go to chapel is to see the construction workers.

... the soccer team is trying to get "The Sisters" printed on their jerseys.

... the only gang fight in Houghton ever saw was the RAs vs. the Sisters.

... South Side Story!

... the campus store is starting to sell "76" balls.

... Dole for President!

... it's 12:55 in the cafeteria all the time!

... freshmen are scared on Founders' Day chapel.

... so is everyone else!

... the only reason alumni return is to prove they're over this fear.

... if for some reason you weren't voting for Dole/Kemp, now you are.

This is an un-biased publication. The views and opinions expressed regarding the presidential election may be those of God's but they are not necessarily those of the STAR. No pressure.

WISH YOU WERE HERE... ERICH ASPERSCHLAGER



INTREAT ACTIVITIES THEY DIDN'T TELL YOU ABOUT.

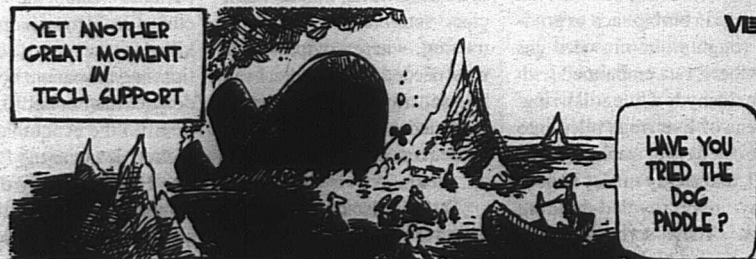
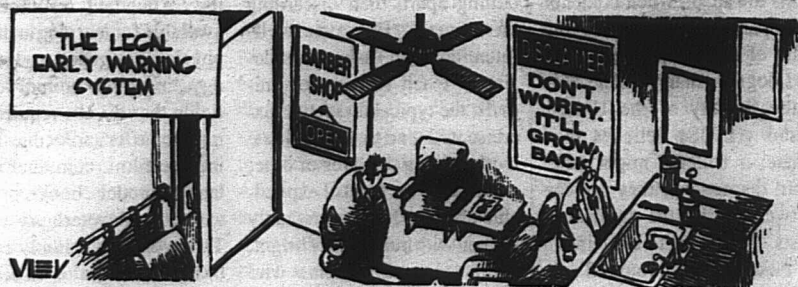
WISH YOU WERE HERE... ERICH ASPERSCHLAGER



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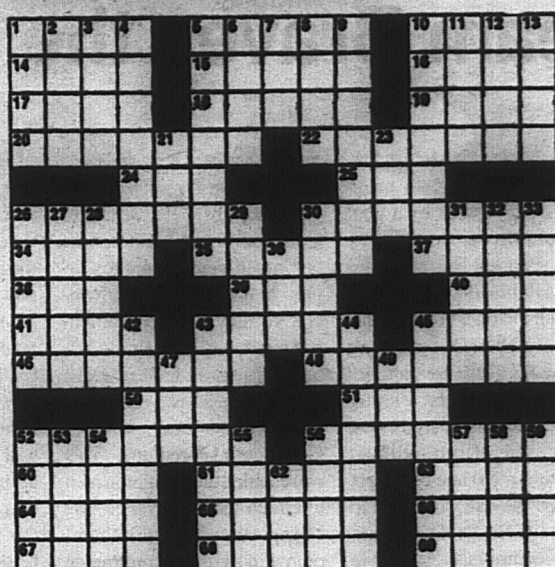
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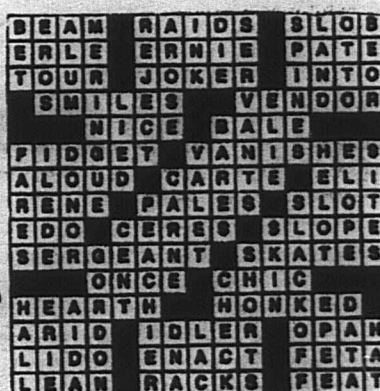
FUN

- ACROSS**
- 1 City section
 - 5 Seamstress
 - 10 Inert
 - 14 Tropical plant
 - 15 Toss
 - 16 Actress Patricia
 - 17 Holler
 - 18 Puritan John
 - 19 Chore
 - 20 Chooses
 - 22 Gives in
 - 24 Do certain needlework
 - 25 — rummy
 - 26 Diluted
 - 30 Communication
 - 34 Enthusiastic
 - 35 Grades
 - 37 OK city
 - 38 Study room
 - 39 Nonsense
 - 40 Label
 - 41 Therefore
 - 43 Spirited horse
 - 45 Siskel or Kelly
 - 46 Sound systems
 - 48 Hates
 - 50 Everyone
 - 51 "Peter —"
 - 52 Depot
 - 56 NM metropolis
 - 60 Mexican food item
 - 61 Estate
 - 63 Untruthful one
 - 64 Mime
 - 65 Evident
 - 66 Prepare for publication
 - 67 Loch — Monster
 - 68 Salamanders
 - 69 Unusual

- DOWN**
- 1 Methods
 - 2 Toward shelter
 - 3 Breakfast bun
 - 4 Removed
 - 5 Burst into pieces
 - 6 Morays
 - 7 Mass
 - 8 Always
 - 9 Fails to carry out a promise
 - 10 Deep
 - 11 College head
 - 12 Final
 - 13 Fraternal brothers
 - 21 Automobile
 - 23 Fleur-de—
 - 26 Makes one's way arduously
 - 27 Prevent
 - 28 Slight touch
 - 29 Moves quickly
 - 30 Doled out
 - 31 Pays up
 - 32 Titan
 - 33 Pime
 - 36 Foot appendage
 - 42 Speakers
 - 43 Wise man
 - 44 Goes
 - 45 More tender
 - 47 Whitney or Wallach
 - 49 Ecu
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Halloween: It Ain't What It Used To Be

Dave Barry

I love Halloween. It reminds me of my happy childhood days as a student at Wampus Elementary School in Armonk, NY, when we youngsters used to celebrate Halloween by making decorations out of construction paper and that white paste that you could eat. This is also how we celebrated Columbus Day, Washington's Birthday, Lincoln's Birthday, Thanksgiving, Christmas, Easter, New Year's, Valentine's Day, Mother's Day, Father's Day, Armistice Day, Flag Day, Arbor Day, Thursday, etc. We brought these decorations home to our parents, who by federal law were required to hang them on refrigerator with magnets.

That was a wonderful, care-free time in which to be a youngster or construction-paper salesperson. But it all ended suddenly one day - I'll never forget it - when the Soviet Union launched the first satellite, called "Sputnik" (which is Russian for "Little Spout"). Immediately, all the grown-ups in America became hysterical about losing the Space Race, which led to a paranoid insecurity about our educational system, expressed in anguished newspaper headlines asking, "WHY AREN'T OUR KIDS LEARNING IN SCHOOL?" I wanted to answer, "BECAUSE

ALL WE EVER DO IS MAKE DECORATIONS OUT OF CONSTRUCTION PAPER" but I couldn't because my mouth was full of paste.

But getting back to Halloween: It's still one of the most fun holidays of the year, as well as one of the most traditional, tracing its origins back more than 2000 years to the Druids, an ancient religious cult that constructed Stonehenge, as well as most of the public toilets in England. The druids believed that one night each year, at the end of October, the souls of the dead returned to the world of the living and roamed from house to house costumed as Power Rangers.

And thus it is that to this day, youngsters come to our door on Halloween night shouting "Trick or treat!" According to tradition, if we don't give the youngsters a "treat," their parents will "sue" us. That's why most of us traditionally prepare for Halloween by going to the supermarket and purchasing approximately eight metric tons of miniature candy bars, which we dump into a big bowl by the door, ready to hand out to the hordes of trick-or-treaters.

The irony, of course is that there ARE no hordes of trick-or-treaters, not any more. We in the news media make darned

sure of that. Every year we publish dozens of helpful consumer-advice articles, cheerfully reminding parents of the dangers posed by traffic, perverts, poisoned candy, and many other Halloween hazards that parents would never think of if we didn't remind them ("Have fun, but remember that this year more than 17,000 Americans will die bobbing for apples").

The result is that many students aren't allowed to go trick-or-treating, and the ones who ARE allowed out come to your house no later than 4:30 p.m., wearing reflective tape on their Power Rangers costumes and trailed at close range by their parents, who watch you suspiciously and regard whatever candy you hand out as though it were unsolicited mail from the

Unabomber.

So for most of Halloween, your doorbell is quiet. This means that you pass the long night alone, hour after hour, just you and the miniature candy bars. After a while they start calling seductively to you from their bowl in their squeaky little voices.

"Hey, Big Boy!" they call. "We're going to waste over here!"

As the evening wears on they become increasingly brazen. Eventually they crawl across the floor, climb up your body, unwrap themselves and force themselves bodily into your mouth. There's no use hiding in the bathroom, because they'll just crawl under the door and tie you up with dental floss and threaten to squeeze toothpaste

in your eye unless you eat them. At least that's what they do to me. By the end of the night my blood has the same sugar content as Yoo-Hoo.

But eating huge amounts of candy allegedly purchased for youngsters is only part of the Halloween tradition. The other part is buying a pumpkin and carving it to make a "jack-o-lantern," which sits on your front porch, a festive symbol of the age old truth - first discovered by the Druids - that there is no practical use for pumpkins.

Here's how to make a traditional jack-o-lantern:

1. Cut a lid on top of the pumpkin.
2. Pull off the lid and peer down into the slimy, festering pumpkin bowels.
3. Put the lid back on and secure it with 200 feet of duct tape.

(This is also the traditional procedure for stuffing a turkey.)

But however you celebrate Halloween, make sure you remember this important safety tip: (Intentional misuse by deliberately concentrating and inhaling contents can be harmful or fatal). Otherwise, you will not survive the night. I'd give you more details, but right now I need to do something about these tiny Milky Ways crawling up my legs.



Men's Team Braves the Rain

Josh Daniels

The following weekend after homecoming the Houghton men's soccer team traveled to the state of Connecticut to play Teikyo Park and Castleton College.

Akim Antwi scored a goal and an assist in his return to the state that he attended high school. Lincoln Acholonu helped out as well with one goal in each game. "I am feeling much better now since my injury. I am glad I healed before playoffs came around," commented Lincoln on his stalwart performance over the weekend.

After Connecticut the Highlanders traveled to St. Johns Fisher in Rochester. The traveling did not slow our men down one bit as they dominated the

game defeating St. Johns 2-1. Jeremy John scored an unassisted goal followed by a goal by Aaron Rose assisted by Sanjeev Parmer.

The Highlander men sacrificed their October break to host their rival Roberts Wesleyan on Saturday the 19th. I would believe the men would have rather gone home as rain poured down making the field almost unplayable. "No one could get control of the ball, the ball and everyone on the field were sliding all over the place," said Kyle Stevenson. Houghton got control of it long enough though for Mike Freace to score the only goal of the game.

Wednesday following the Roberts Wesleyan game was

not any better as it started raining about an hour before the game against Pitt-Bradford College. The Houghton men had much practice on how to play in the mud against Roberts so they had no problem putting away Pitt-Brad 3-1. Sanjeev lead all scorers with a goal and an assist while Scot Hourston and Nigel Fabiencach scored one. This win enabled the Houghton men to clinch the Conference title and host the conference championship with a conference record of 4-0-1.

"I am quite pleased with our overall performance. There are more positives than negatives. Our style of play has given us more possession

of the ball," commented Coach Hornibrook on his team's 9-3-3 record. Coach went on to say at times he feels the team lowers their chances of scoring with their power of possession. "When we gain possession against weaker teams they just pack it in the middle giving us less opportunity to score. When we play harder teams in the playoffs there will be more back 'n' forth action giving us more opportunities to score." One such game will be this Tuesday against Westminster College. If Westminster loses against Houghton they will be out for the season, so the Highlander team is ready for the intensity that this opposing team will bring.

TIMEOUT FOR TIDBITS

Bob Price

A "Braves" New World

If the Atlanta Braves capture their second consecutive World Series title this season they will enter the history books as the team of the 90's. However, they've sure got a long way to go before they achieve the same legacy as their world series opponents. The New York Yankees have appeared in a record 34 World Series, totaling 109 games. Through Monday, Oct. 21, the Braves have played in 44 World Series games. Bobby Cox's crew has been to the big dance four times in the last six years.

When it comes to World Series legacy, no one can match the boys in the pinstripes. The Dodgers are second, appearing in 18 World Series, totaling 96 games. St. Louis is third, playing in baseball's grandest moment 15 times. That comes to 93 games. Rounding out the top five are the Giant's and the Athletic's organizations.

Hardly A Saint

Jim Mora topped every list of endangered NFL coaches. Fans in New Orleans now can consider him extinct.

Mora has been with the Saints for 11 seasons. Following the Oct. 20. disheartening 19-7 loss to Carolina, the 61-year old called it quits.

Hired in 1986, Mora produced the Saint's first winning record (1987). However, in 11 seasons, his team has yet to win a playoff game. His resignation makes Buffalo's Marv Levy, also hired in '86, the reigning king of NFL longevity with one team.

Hail to the Chief

With all eyes on 18-year old rookie sensation, Kobe Bryant of the L.A. Lakers, the other end of the age spectrum hardly gets noticed.

This year, Robert Parish, known to basketball gurus as "the chief," will play in his 21st season with the Chicago Bulls. The 43-year old was the number one draft choice of the Golden State Warriors in 1976. Bryant, who bypassed college to play in the NBA, wasn't even born yet when Parish first entered the league.

That's tidbits for this week. C-ya bye!

Chalking Up the Wins

Josh Daniels

They traveled five hours on their break just to turn around again and come back. The Lady Highlanders on the 19th traveled to Dominican College, about an hour from New York City. God had other things planned, though, with the rain pouring down turning the field in to a swamp. Dominican canceled the game sending our women back to Houghton.

Because of their cancelation, the women had frustrations waiting to be re-

leased. Their victim was St. John Fisher in Rochester. The Highlanders dominated the game, keeping the ball on Fisher's side most of the game, as they ran circles around their opponents destroying them 5-1. Jen Hartenstine scored twice, as Danielle Phillips, Christy Curtis, and Jen Mattison each added one.

The Lady Highlanders need to keep this intensity up for next weekend of the first week of November. They host two ex-

tremely important games against St. Vincent on Friday at three, and Seton Hill on Saturday at noon. These games will decide where the conference championships will be held. If Houghton wins both games they will host the finals.

The coach is very pleased with his team. He has expressed his appreciation of his teams' hard work and effort they have put in this season.

"We have controlled the ball much better than last year, and the girls seem to work more cooperatively together." This opinion is evident in the statistics of this season. The women have outscored their opponents 50-5 with an overall record of 10-1-1. They are currently ranked 22nd in the NAIA polls.

Sophomore Heather Shear leads all scorers with 15 goals, while junior goal keeper Amy Lemon has seven shutouts.

Biggs Runs for the Mark

Bob Price

Dr. Henry Biggs is often asked to give the exam, but once in a while he tests himself. In the classroom, he's the French professor, lecturing to students at Houghton. On the road of life, he's the athlete -- one of thousands, pounding the pavement in a grueling 26-mile foot-race known as the marathon.

Biggs, who has competed in both the Los Angeles and Boston marathons as well as several others, laced up his sneakers Oct. 5 at the St. George Marathon in Utah. He finished with a time of 2 hours, 55 minutes, good enough to place him in the top 150 out of the more than 4,000 runners. Although he didn't win the race, Biggs did break the 3 hour mark he set for himself -- quite a "feat" from



Professor Biggs trains for his next race (photo Christine Brain)

a man who knows how to use both of them.

"When I train for a marathon, I usually run 70 to 80 miles a week," said Biggs. "As the race approaches I taper down to 30 miles a week."

Biggs, whose record of achievements includes competing in the Ironman Triathlon in 1986 and swimming the En-

glish Channel in 1988, has taught at Houghton since 1995. He lives in Rushford with his wife, Theresa, and children Jack and Laura.

The Houghton faculty member says it's quite a balancing act -- juggling his training with career and family. "It's not easy," Biggs confesses about his multiple roles.

The St. Louis native received his B.A. from Harvard and his M.A. and Ph.D. in Romance linguistics and literature from UCLA. He is currently serving as chair of Houghton's foreign language department.

"Since teaching is not a 9 to 5 job, I find time to train during my lunch hour or whenever I can," remarked the professor.

So what's the key to becoming a marathoner? In addition to doing 200 situps a day and watching his diet, Biggs believes a few months is more than enough time to prepare.

"If you stay in good shape and really focus for three months you can do it," suggests the Ivy League alumnus. "The marathon is a real challenge, a test of who you are."